



# CHENNAI SPEAKERS FORUM

Area: O2

Division: O

District: 82B

## Minutes of Meeting

Meeting No.: 391      Date: 24 May 2020      Time: 10:00 a.m. to 12:00 p.m.

Venue: Online Zoom Meeting

Website: [www.chennaispeakersforum.com](http://www.chennaispeakersforum.com)

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Word of the day: Gutsy

Theme of the day: Why Me? Try Me!



**10:00am: SAA called for meeting**

SAA Toastmaster **Krishnan** explained the mission of Toastmasters and stated the code of conduct for the meeting.



**10:01am: Presiding Officer's Address**

Toastmaster **Abhisek Rungta**, the presiding officer, opened the 391<sup>st</sup> meeting by telling about his experience and lesson learnt from seeing his wife's cooking tandoori naan.



**10:05am: TMOD introduction**

TMOD Toastmaster **Supraja** introduced the theme of the day “**Why Me? Try Me!**” by saying the inspirational story of famous tennis player, Arthur Ashe. She also introduced the word of the day “**Gutsy**” by linking it to its relevance with the theme of the day.



**10:10am: General Evaluator intro**

General Evaluator Toastmaster **Naresh** explained the importance of evaluation and introduced the TAG team.

**TIMER**  
**AH COUNTER**  
**GRAMMARIAN**

**Toastmaster Hariharan**  
**Toastmaster Karthick**  
**Toastmaster Mukund**



## 10:20am: Prepared Speeches

Prepared Speech	Speaker	Path and Project	Speech title	Evaluator
1	Toastmaster Abhisek Rungta	Path: Motivational Strategies Level: 1 Project#1: Ice Breaker	Who is this?	Toastmaster Abhilash Chandran

**Toastmaster Abhisek** started by telling about his birth place Pilani, Rajasthan. When his parents decided to move to Chennai, he was excited as Rajasthan was hot. He thought Chennai would be less hot but it proved him otherwise. He then talked about how he first stammered when trying to say puppy and about being an honest person by stating about his class on the case of stolen lead shots. He then went on to say about his love for numbers and how that love drove him to complete CA. He was rejected by many jobs but finally found one. He was then promoted as a father to a cute little child. Then he told about how his job didn't give any time for his family and how he gave it up to find a new one. He ended the speech by saying that in life we all have challenges but depends on us how we overcome them!

Prepared Speech	Speaker	Path and Project	Speech title	Evaluator
2	Toastmaster Preethi V	Path: Motivational Strategies Level: 2 Project#1: Understanding your communication style	The Finest Hour	Toastmaster Harini S

**Toastmaster Preethi** started by telling how she only took small roles when she first joined Toastmasters. After persistent efforts by the VPE, she finally gave a speech and then gave some more. She then explained about verbal and non-verbal communication, and how silence is a part of the latter. She then talked about how communication also means persuading others and how it is a communication style. She then explained various communication styles along with examples from her life. She concluded by saying, "There is no best communication style, just pick up whichever suits you best."

Prepared Speech	Speaker	Path and Project	Speech title	Evaluator
3	Toastmaster Sidharth M.P	Manual: Special Occasion Speeches Project#3: The Roast	Cute B**** Boy	Distinguished Toastmaster Karthikeyan

**Toastmaster Sidharth** initiated his roasting speech by telling that he received a text message. He then showed two pictures and started to roast the person in the second picture.

Prepared Speech	Speaker	Path and Project	Speech title	Evaluator
4	Toastmaster Selvan	Manual: High Performance Leadership Speech: 2 <sup>nd</sup> Speech	Dance With Danger	Toastmaster Shriram Sridhar

**Toastmaster Selvan** started his speech by telling how he was enjoying his car ride and how an auto suddenly came in his way. If he slams the break, then the lorry behind would collide into him. In that fraction of a second he has to decide whether to kill or be killed. He linked this with our decision making skills. He then went on to describe about his good project and his all lady subordinate team. He talked about the three hurdles they faced and lessons they learnt when they overcame them. The first hurdle was the timing for a single person in the team. The second one was a financial one. And the third lesson learnt was that, being a leader means to be in the shadows at times. He concluded by saying, “If the ambition is unique, then work it out.”

Prepared Speech	Speaker	Path and Project	Speech title	Evaluator
5	Toastmaster Krishnamoorthy	Path: Visionary Communication Project #2: Evaluation & Feedback (1 <sup>st</sup> Speech)	Understanding and conquering emotions	Toastmaster Srikar Pedapudi

**Toastmaster Krishnamoorthy** started by telling how he was searching for a job and finally found one. He then talked about Emotional Intelligence and gave its definition by Daniel Coleman. He explained six types of emotions along with examples. He talked about how every emotion puts us in conflict in one way or another. To control our emotions he gave five applications- self-awareness, self-regulation, motivation, empathy and social skills. If implemented we can have better control over our emotions. He then concluded by saying, “If a person has high IQ, he can get a good job. If he has high EQ too, then his personal life will also be better.”



### 10:59am: Table topics Session

Table Topics Master **Toastmaster Mubarak** called members and guests for impromptu speaking.

Sr no.	Name	Topic
1.	Toastmaster Vandana	Have you ever faced a do or die situation?
2.	Toastmaster Aadithyaa	If you are given a time machine, what mistake will you change?
3.	Guest Sankaran	Winners don't do different things, they do things different.
4.	Toastmaster Shakthi	Your biggest fear.
5.	Toastmaster Prashanth	How long should one try?
6.	Toastmaster Muskaan	Failure is a different dimension of success.
7.	Toastmaster Vigneshwaran G	The gutsy person in your life.
8.	Toastmaster Roshini	If you never try, you will never know.
9.	Toastmaster Krishnan	Your gutsiest moment in life.
10.	Toastmaster Saikumar	Greatest success begins with first try.
11.	Toastmaster Shreyash	You won't stand in front of the car to show your courage.



## 11:25am: Evaluation Session

Speaker	Path and Project	Evaluator
Toastmaster Abhisek Rungta	Path: Motivational Strategies Level: 1 Project#1: Ice Breaker	Toastmaster Abhilash Chandran

**Appreciation from Evaluator:** Structured Chronologically.

**Feedback from Evaluator:** Could have had a better strategy for conclusion.

Speaker	Path and Project	Evaluator
Toastmaster Preethi V	Path: Motivational Strategies Level: 2 Project#1: Understanding your communication style	Toastmaster Harini S

**Appreciation from Evaluator:** Good start and apt ending.

**Feedback from Evaluator:** Could find an apt ending.

Speaker	Path and Project	Evaluator
Toastmaster Sidharth M.P	Manual: Special Occasion Speeches Project#3: The Roast	Distinguished Toastmaster Karthikeyan

**Appreciation from Evaluator:** Good selection of roasting person.

**Feedback from Evaluator:** Could have had a better title.

Speaker	Path and Project	Evaluator
Toastmaster Selvan	Manual: High Performance Leadership Speech: 2 <sup>nd</sup> Speech	Toastmaster Shriram Sridhar

**Appreciation from Evaluator:** Good structure of speech and stuck to the objective.

**Feedback from Evaluator:** Could have provided statistics.

Speaker	Path and Project	Evaluator
Toastmaster Krishnamoorthy	Path: Visionary Communication Project #2: Evaluation & Feedback (1 <sup>st</sup> Speech)	Toastmaster Srikar Pedapudi

**Appreciation from Evaluator:** Well researched speech.

**Feedback from Evaluator:** Could have used more body language and facial expression.



**11:55a.m - Call for vote**

Members and guests were asked to vote for Best Speaker, Best TT Speaker, Best Evaluator, Best Role Player, and Best TAG Role Player.



**12:00p.m - Best Performers**

Presiding officer announces best performers of the meeting

<b>Best Role Player</b>	<b>Toastmaster Naresh</b>
<b>Best TAG Role Player</b>	<b>Toastmaster Karthick</b>
<b>Best Evaluator</b>	<b>Toastmaster Harini S</b>
<b>Best Table Topics Speaker</b>	<b>Toastmaster Vandana</b>
<b>Best Speaker</b>	<b>Toastmaster Sidharth M.P</b>

The Presiding officer of CSF received feedback from the guest and thanked all the participants for attending the meeting. He then informed about the storytelling competition next week.



For any suggestions/feedback, please contact:

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